

A Nature Journal Tells Your Story

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If you go to a park or any place in nature, you could write about what happened and draw something, too. Writing and drawing is really telling the story of your outing in nature.

Your nature journal could be a spiral notebook, pages that you put into a binder, or anything else that you can take with you while you are on the trail. You could pull it out of your backpack or your back pocket, sit down for a bit and tell your story.

We saw ducks and turtles, and a big bird with a long neck and long legs.

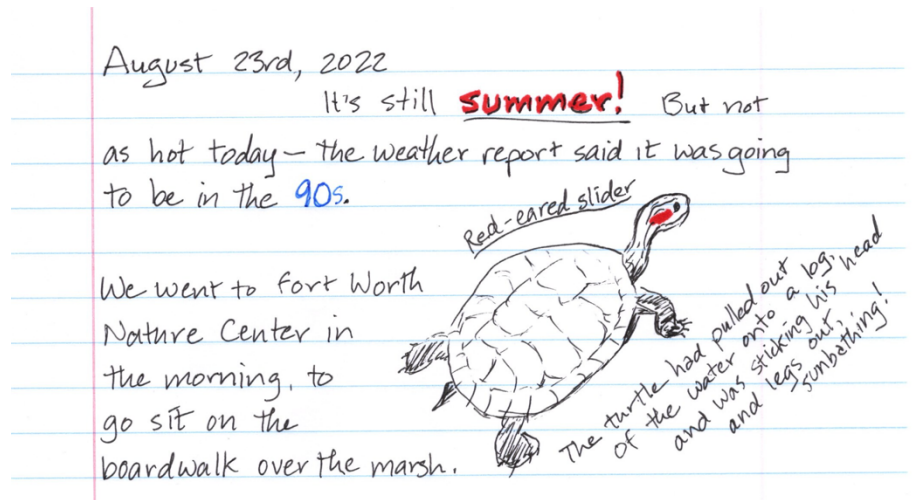
That's a great part of a cool story. And there's even more to tell. The story starts with when it happened and what kind of day it was:

August 23rd, 2022. It's still summer! But it felt OK. We went to Fort Worth Nature Center in the morning, to go sit on the boardwalk over the marsh.

You can almost feel the warmth and sunshine and see the water off the boardwalk. It's really important that you remember that it's *not* homework and it's just for fun. Give it a try, even if you're not sure how it will turn out. Here's what is important: **that you enjoy telling the story** and **that it helps you remember the story**.

I sat and watched a turtle for a while, and drew it. Usually it's hard for me to just sit still for a while. But I kinda had fun looking at all the parts of the turtle and how he could sit still like that.

Here's how the drawing worked out. Pretty good, right? Some people mostly draw in their journal, which is fine. If you do, remember to write some notes telling about your drawing. This can help you remember what was going on.



If it will be helpful, you could use this page to give you some ideas about what you could write about. Some people would fill up the page, and other would just write a few things. Either way is OK. And remember to save space for drawing.

Date:/...../..... My name:

Who I was with:

Location:

The season & time of day (morning, afternoon, night):

What I noticed about the sky and weather:

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What I noticed about plants, trees, flowers - also wildlife and other living things:

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Sights, sounds, smells, what I felt and touched:

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What I noticed about myself:

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Other thoughts:

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